

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Michiels Hans HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MEN 11+

Heat:2, starttime: 14:02

Heat: 2/13 Lane : 2 Athlete: EVERAERT MATTHIEU

Q-time: 01:20:22

PB (25m pool): 01:20.22 Lokeren 28/09/2025

PB (50m pool): 01:20.56 SB: 01:20.22 Lokeren 28/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.17		01:20.22	
	00:40.17		00:40.05		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+

Heat:3, starttime: 14:04

Heat: 3/13 Lane : 4 Athlete: VANDEPUTTE WOUT

Q-time: 01:10:98

PB (25m pool): 01:10.98 TEMSE 23/11/2025

PB (50m pool): 01:13.10 SB: 01:10.98 TEMSE 23/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.97		01:10.98	
	00:34.97		00:36.01		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+

Heat:4, starttime: 14:05

Heat: 4/13 Lane : 4 Athlete: RENDERS KLAAS

Q-time: 01:08:11

PB (25m pool): 01:08.11 Temse 17/11/2025

PB (50m pool): 01:15.57 SB: 01:08.11 Temse 17/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.00		01:08.11	
	00:33.00		00:35.11		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 1: 100M FREESTYLE MEN 11+					Heat:5, starttime: 14:07
Heat: 5/13 Lane : 2 Athlete: AERENS JEF					Q-time: 01:07:04
PB (25m pool): 01:07.04 TEMSE 23/11/2025					PB (50m pool): 01:10.14 SB: 01:07.04 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.13		01:07.04	
	00:32.13		00:34.91		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:5, starttime: 14:07
Heat: 5/13 Lane : 8 Athlete: KARER MALIK					Q-time: 01:08:02
PB (25m pool): 01:08.02 TEMSE 23/11/2025					PB (50m pool): 01:09.16 SB: 01:08.02 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.60		01:08.02	
	00:32.60		00:35.42		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:6, starttime: 14:09
Heat: 6/13 Lane : 2 Athlete: EL BOUJADDAYNI DAOUD					Q-time: 01:04:43
PB (25m pool): 01:02.39 TEMSE 23/11/2025					PB (50m pool): 01:05.83 SB: 01:02.39 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.79		01:02.39	
	00:29.79		00:32.60		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:8, starttime: 14:11
Heat: 8/13 Lane : 2 Athlete: BOEL LIAM					Q-time: 01:01:32
PB (25m pool): 01:01.32 TEMSE 23/11/2025					PB (50m pool): 01:02.91 SB: 01:01.32 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.40		01:01.32	
	00:29.40		00:31.92		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 1: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/13 Lane : 3 Athlete: DE JONG STAN					Q-time: 00:57:80
PB (25m pool): 00:57.80 TEMSE 23/11/2025					PB (50m pool): no time SB: 00:57.80 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.19		00:57.80	
	00:28.19		00:29.61		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/13 Lane : 6 Athlete: SCHRAUWEN BJARNE					Q-time: 00:58:02
PB (25m pool): 00:58.02 TEMSE 23/11/2025					PB (50m pool): 01:00.37 SB: 00:58.02 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.90		00:58.02	
	00:27.90		00:30.12		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:24
Heat: 3/12 Lane : 3 Athlete: LALOO FÉLINE					Q-time: 01:17:07
PB (25m pool): 01:17.07 TEMSE 23/11/2025					PB (50m pool): 01:20.75 SB: 01:17.07 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.14		01:17.07	
	00:37.14		00:39.93		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:31
Heat: 7/12 Lane : 7 Athlete: DERRE FLEUR					Q-time: 01:08:87
PB (25m pool): 01:08.87 Temse 17/11/2025					PB (50m pool): 01:11.37 SB: 01:08.87 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.45		01:08.87	
	00:32.45		00:36.42		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 14:34
Heat: 9/12 Lane : 4 Athlete: DEBRABANDERE LEONIE					Q-time: 01:04:39
PB (25m pool): 01:04.39 Temse 17/11/2025					PB (50m pool): 01:05.76 SB: 01:04.39 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.08		01:04.39	
	00:31.08		00:33.31		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:35
Heat: 10/12 Lane : 1 Athlete: WAELPUT ELODIE					Q-time: 01:04:25
PB (25m pool): 01:04.25 Lokeren 28/09/2025					PB (50m pool): 01:09.38 SB: 01:04.25 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.44		01:04.25	
	00:31.44		00:32.81		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:35
Heat: 10/12 Lane : 7 Athlete: VERLUYTEN NIENE					Q-time: 01:03:94
PB (25m pool): 01:03.94 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:05.60 SB: 01:03.94 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.94		01:03.94	
	00:30.94		00:33.00		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:37
Heat: 11/12 Lane : 3 Athlete: GAUDAEN MAUD					Q-time: 01:01:13
PB (25m pool): 01:01.13 TEMSE 23/11/2025					PB (50m pool): 01:03.03 SB: 01:01.13 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.42		01:01.13	
	00:29.42		00:31.71		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:37
Heat: 11/12 Lane : 8 Athlete: MURAT IREM					Q-time: 01:03:03
PB (25m pool): 01:03.03 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:05.50 SB: 01:03.03 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.45		01:03.03	
	00:30.45		00:32.58		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:12, starttime: 14:38
Heat: 12/12 Lane : 4 Athlete: MICHIELS NORE					Q-time: 00:55:35
PB (25m pool): 00:55.35 Gent 09/11/2025			PB (50m pool): 00:56.49 SB: 00:55.35 Gent 09/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.86		00:55.35	
	00:26.86		00:28.49		
					

Coach feedback:

Event number: 3: 100M MEDLEY MIXED 10-9					Heat:1, starttime: 14:40
Heat: 1/3 Lane : 3 Athlete: EL BOUJADDAYNI YAHYA					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MIXED 10-9					Heat:1, starttime: 14:40
Heat: 1/3 Lane : 4 Athlete: DERRE EMIEL					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 3: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 14:42
Heat: 2/3 Lane : 2 Athlete: GOEMINNE ELLEMIEKE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 14:42
Heat: 2/3 Lane : 4 Athlete: HENDRICKX NELLE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 14:42
Heat: 2/3 Lane : 7 Athlete: SEGERS ZOë					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M MEDLEY MIXED 10-9					Heat:3, starttime: 14:44
Heat: 3/3 Lane : 5 Athlete: FOUBERT SANNE					Q-time: 01:39:47
PB (25m pool): 01:39.47 Temse 22/12/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.19		01:39.47	
	00:45.19 00:54.28				
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 4: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 15:00	
Heat: 4/6 Lane : 3 Athlete: MICHIELS SIBE							Q-time: 03:06:75	
PB (25m pool): 03:06.75 Temse 18/02/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:06.75
	no time							
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 15:00	
Heat: 4/6 Lane : 4 Athlete: KARER MALIK							Q-time: 03:01:57	
PB (25m pool): 03:01.57 TEMSE 23/11/2025				PB (50m pool): 03:12.68SB: 03:01.57 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.13		01:25.14		02:13.89		03:01.57
	00:39.13		00:46.01		00:48.75		00:47.68	
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 15:00	
Heat: 4/6 Lane : 5 Athlete: AERENS JEF							Q-time: 03:04:73	
PB (25m pool): 03:04.73 T ROSCO 20/10/2024				PB (50m pool): 03:06.25 SB: 03:04.94 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.69		01:31.67		02:18.22		03:04.73
	00:43.69		00:47.98		00:46.55		00:46.51	
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 15:00	
Heat: 4/6 Lane : 8 Athlete: SCIACCA EMILIO							Q-time: 03:25:71	
PB (25m pool): 03:25.71 TEMSE 24/11/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.49		01:39.01		02:32.27		03:25.71
	00:46.49		00:52.52		00:53.26		00:53.44	
								

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 4: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 15:04	
Heat: 5/6 Lane : 2 Athlete: EL BOUJADDAYNI DAOUD							Q-time: 02:54:83	
PB (25m pool): 02:53.22 TEMSE 23/11/2025				PB (50m pool): 03:01.37 SB: 02:53.22 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.23		01:22.88		02:08.58		02:53.22
	00:38.23		00:44.65		00:45.70		00:44.64	
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE MEN 11+							Heat:6, starttime: 15:07	
Heat: 6/6 Lane : 4 Athlete: SCIACCA LEANDRO							Q-time: 02:28:76	
PB (25m pool): 02:28.76 Temse 17/11/2025				PB (50m pool): 02:36.22SB: 02:28.76 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.83		01:10.81		01:49.50		02:28.76
	00:32.83		00:37.98		00:38.69		00:39.26	
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 15:10	
Heat: 1/5 Lane : 1 Athlete: MICHIELS NORE							Q-time: 99:99:99	
PB (25m pool): 02:50.16 LEUVEN 14/05/2023				PB (50m pool): 03:32.36 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:50.16
	no time							
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:15	
Heat: 2/5 Lane : 1 Athlete: LALOO FÉLINE							Q-time: 03:47:90	
PB (25m pool): 03:47.90 Sint-Amandsberg 19/10/2025				PB (50m pool): no time SB: 03:47.90 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.42		01:50.26		02:50.14		03:47.90
	00:52.42		00:57.84		00:59.88		00:57.76	
								

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 5: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 15:23	
Heat: 4/5 Lane : 2 Athlete: GAUDAEN MAUD							Q-time: 03:19:56	
PB (25m pool): 03:19.56 Hoogstraten 05/05/2024				PB (50m pool): 03:50.92SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:19.56
	no time							
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 15:27	
Heat: 5/5 Lane : 2 Athlete: STESENS EMMA-LOUISE							Q-time: 03:01:22	
PB (25m pool): 03:01.22 Gent 23/02/2025				PB (50m pool): 03:05.50 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.15		01:27.00		02:14.63		03:01.22
	00:40.15		00:46.85		00:47.63		00:46.59	
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 15:27	
Heat: 5/5 Lane : 5 Athlete: VERLUYTEN LENI							Q-time: 02:49:89	
PB (25m pool): 02:49.89 Hoogstraten 05/05/2024				PB (50m pool): 02:59.82 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:49.89
	no time							
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 15:27	
Heat: 5/5 Lane : 8 Athlete: DEBRABANDERE LEONIE							Q-time: 03:09:16	
PB (25m pool): 03:09.16 Gent 23/02/2025				PB (50m pool): 03:18.80 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.13		01:31.83		02:20.48		03:09.16
	00:43.13		00:48.70		00:48.65		00:48.68	
								

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 6: 100M MEDLEY MEN 11+					Heat:2, starttime: 15:33
Heat: 2/7 Lane : 1 Athlete: EVERAERT MATTHIEU					Q-time: 01:34:21
PB (25m pool): 01:34.21 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:34.21 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.55		01:34.21	
	00:47.55		00:46.66		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:2, starttime: 15:33
Heat: 2/7 Lane : 4 Athlete: VANDEPUTTE WOUT					Q-time: 01:21:72
PB (25m pool): 01:21.72 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:21.72 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.27		01:21.72	
	00:39.27		00:42.45		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:3, starttime: 15:35
Heat: 3/7 Lane : 3 Athlete: SCIACCA EMILIO					Q-time: 01:18:21
PB (25m pool): 01:18.21 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:18.21 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.31		01:18.21	
	00:36.31		00:41.90		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:3, starttime: 15:35
Heat: 3/7 Lane : 4 Athlete: RENDERS KLAAS					Q-time: 01:17:63
PB (25m pool): 01:17.63 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:17.63 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.22		01:17.63	
	00:36.22		00:41.41		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 6: 100M MEDLEY MEN 11+					Heat:4, starttime: 15:37
Heat: 4/7 Lane : 3 Athlete: BOEL LIAM					Q-time: 01:15:58
PB (25m pool): 01:15.58 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:15.58 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.70		01:15.58	
	00:35.70		00:39.88		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:5, starttime: 15:38
Heat: 5/7 Lane : 1 Athlete: DE JONG STAN					Q-time: 01:13:83
PB (25m pool): 01:14.03 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:14.03 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.70		01:14.03	
	00:34.70		00:39.33		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:6, starttime: 15:40
Heat: 6/7 Lane : 5 Athlete: MICHIELS SIBE					Q-time: 01:05:87
PB (25m pool): 01:05.87 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:05.87 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.26		01:05.87	
	00:29.26		00:36.61		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:6, starttime: 15:40
Heat: 6/7 Lane : 7 Athlete: SCIACCA LEANDRO					Q-time: 01:08:43
PB (25m pool): 01:08.43 TEMSE 30/03/2025					PB (50m pool): no time SB: 01:09.73 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.45		01:08.43	
	00:32.45		00:35.98		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 6: 100M MEDLEY MEN 11+					Heat:7, starttime: 15:42
Heat: 7/7 Lane : 3 Athlete: WAELPUT THOMAS					Q-time: 01:03:75
PB (25m pool): 01:03.75 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:03.75 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.55		01:03.75	
	00:28.55		00:35.20		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:7, starttime: 15:42
Heat: 7/7 Lane : 6 Athlete: BOODTS GERBEN					Q-time: 01:03:92
PB (25m pool): 01:03.92 Eeklo 01/04/2024					PB (50m pool): no time SB: 01:05.50 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:03.92	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:48
Heat: 3/9 Lane : 7 Athlete: LALOO FÉLINE					Q-time: 01:35:81
PB (25m pool): 01:35.81 TEMSE 30/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.87		01:35.81	
	00:45.87		00:49.94		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 15:54
Heat: 6/9 Lane : 8 Athlete: DERRE FLEUR					Q-time: 01:18:50
PB (25m pool): 01:18.50 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:18.50 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.61		01:18.50	
	00:36.61		00:41.89		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:55
Heat: 7/9 Lane : 4 Athlete: WAELPUT ELODIE					Q-time: 01:13:82
PB (25m pool): 01:13.82 Temse 22/12/2024					PB (50m pool): no time SB: 01:13.98 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.64		01:13.82	
	00:34.64		00:39.18		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:55
Heat: 7/9 Lane : 5 Athlete: VERLUYTEN NIENE					Q-time: 01:13:98
PB (25m pool): 01:13.98 Temse 22/12/2024					PB (50m pool): no time SB: 01:14.30 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.79		01:13.98	
	00:33.79		00:40.19		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:55
Heat: 7/9 Lane : 8 Athlete: SCHELFAUT NELL					Q-time: 01:15:58
PB (25m pool): 01:15.58 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:15.58 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.90		01:15.58	
	00:33.90		00:41.68		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:57
Heat: 8/9 Lane : 2 Athlete: MURAT IREM					Q-time: 01:13:06
PB (25m pool): 01:13.06 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:13.06 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.67		01:13.06	
	00:33.67		00:39.39		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:57
Heat: 8/9 Lane : 3 Athlete: STESENS EMMA-LOUISE					Q-time: 01:12:16
PB (25m pool): 01:12.16 Temse 22/12/2024					PB (50m pool): no time SB: 01:14.77 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.84		01:12.16	
	00:32.84		00:39.32		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:57
Heat: 8/9 Lane : 5 Athlete: DE JONG SUZAN					Q-time: 01:11:82
PB (25m pool): 01:11.82 Lokeren 28/09/2025					PB (50m pool): no time SB: 01:11.82 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.01		01:11.82	
	00:33.01		00:38.81		
					

Coach feedback:

Event number: 8: 200M BUTTERFLY MEN 11+						Heat:3, starttime: 16:08		
Heat: 3/3 Lane : 2 Athlete: WAELPUT THOMAS						Q-time: 02:19:85		
PB (25m pool): 02:19.85 T ROSCO 20/10/2024						PB (50m pool): 02:26.49 SB: 02:20.92 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.43		01:04.91		01:41.51		02:19.85
	00:29.43		00:35.48		00:36.60		00:38.34	
								

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 16:21			
Heat: 2/3 Lane : 3 Athlete: HENDRICKX NELLE					Q-time: 01:35:84			
PB (25m pool): 01:35.84 TEMSE 23/11/2025					PB (50m pool): no time SB: 01:35.84 TEMSE 23/11/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:45.63		01:35.84				
	00:45.63		00:50.21					
								

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 16:21
Heat: 2/3 Lane : 7 Athlete: SEGERS ZOë					Q-time: 01:41:98
PB (25m pool): 01:41.98 TEMSE 23/11/2025					PB (50m pool): no time SB: 01:41.98 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.50		01:41.98	
	00:46.50		00:55.48		
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 16:23
Heat: 3/3 Lane : 1 Athlete: EL BOUJADDAYNI YAHYA					Q-time: 01:30:19
PB (25m pool): 01:30.19 TEMSE 23/11/2025					PB (50m pool): no time SB: 01:30.19 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.62		01:30.19	
	00:42.62		00:47.57		
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 16:23
Heat: 3/3 Lane : 4 Athlete: FOUBERT SANNE					Q-time: 01:16:90
PB (25m pool): 01:16.90 TEMSE 23/11/2025					PB (50m pool): 01:19.68 SB: 01:16.90 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.62		01:16.90	
	00:36.62		00:40.28		
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 16:23
Heat: 3/3 Lane : 5 Athlete: GOEMINNE ELLEMIEKE					Q-time: 01:19:85
PB (25m pool): 01:19.85 TEMSE 23/11/2025					PB (50m pool): 01:21.03 SB: 01:19.85 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.33		01:19.85	
	00:38.33		00:41.52		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 16:23
Heat: 3/3 Lane : 8 Athlete: DERRE EMIEL					Q-time: 01:30:66
PB (25m pool): 01:30.66 TEMSE 23/11/2025			PB (50m pool): no time SB: 01:30.66 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.72		01:30.66	
	00:42.72		00:47.94		
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 16:34
Heat: 5/9 Lane : 1 Athlete: VANDEPUTTE WOUT					Q-time: 01:19:08
PB (25m pool): 01:19.08 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:20.76 SB: 01:19.08 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.45		01:19.08	
	00:39.45		00:39.63		
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 16:34
Heat: 5/9 Lane : 3 Athlete: SCIACCA EMILIO					Q-time: 01:17:47
PB (25m pool): 01:17.47 Lokeren 28/09/2025			PB (50m pool): 01:19.80 SB: 01:17.47 Lokeren 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.14		01:17.47	
	00:38.14		00:39.33		
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 16:36
Heat: 6/9 Lane : 3 Athlete: SCIACCA LEANDRO					Q-time: 01:13:00
PB (25m pool): 01:13.00 TEMSE 18/05/2025			PB (50m pool): 01:19.41 SB: 01:15.69 Eeklo 21/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.41		01:13.00	
	00:35.41		00:37.59		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 16:36
Heat: 6/9 Lane : 4 Athlete: BOEL LIAM					Q-time: 01:11:18
PB (25m pool): 01:11.18 TEMSE 23/11/2025					PB (50m pool): 01:15.32 SB: 01:11.18 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.68		01:11.18	
	00:34.68		00:36.50		
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 16:36
Heat: 6/9 Lane : 7 Athlete: RENDERS KLAAS					Q-time: 01:13:73
PB (25m pool): 01:13.73 TEMSE 23/11/2025					PB (50m pool): 01:15.76 SB: 01:13.73 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.10		01:13.73	
	00:36.10		00:37.63		
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 16:40
Heat: 8/9 Lane : 1 Athlete: DE JONG STAN					Q-time: 01:08:05
PB (25m pool): 01:08.05 TEMSE 23/11/2025					PB (50m pool): no time SB: 01:08.05 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.60		01:08.05	
	00:33.60		00:34.45		
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 16:40
Heat: 8/9 Lane : 6 Athlete: SCHRAUWEN BJARNE					Q-time: 01:06:18
PB (25m pool): 00:38.80 Temse 12/03/2023					PB (50m pool): 01:10.28 SB: 01:06.18 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:38.80	
	no time				
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:9, starttime: 16:42
Heat: 9/9 Lane : 7 Athlete: MICHIELS SIBE					Q-time: 01:00:40
PB (25m pool): 01:00.40 TEMSE 23/11/2025					PB (50m pool): 01:03.89 SB: 01:00.40 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.36		01:00.40	
	00:29.36		00:31.04		
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:9, starttime: 16:42
Heat: 9/9 Lane : 8 Athlete: BOODTS GERBEN					Q-time: 01:01:54
PB (25m pool): 01:01.54 Gent 09/11/2025					PB (50m pool): 01:04.23 SB: 01:01.54 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.53		01:01.54	
	00:29.53		00:32.01		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 17:00
Heat: 8/11 Lane : 4 Athlete: DERRE FLEUR					Q-time: 01:15:25
PB (25m pool): 01:15.25 Temse 17/11/2025					PB (50m pool): 01:20.50 SB: 01:15.25 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.18		01:15.25	
	00:36.18		00:39.07		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 17:04
Heat: 10/11 Lane : 4 Athlete: STESENS EMMA-LOUISE					Q-time: 01:08:75
PB (25m pool): 01:08.75 TEMSE 23/11/2025					PB (50m pool): 01:12.19 SB: 01:08.75 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.31		01:08.75	
	00:33.31		00:35.44		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 17:04
Heat: 10/11 Lane : 5 Athlete: VERLUYTEN NIENE					Q-time: 01:08:79
PB (25m pool): 01:08.79 Temse 17/11/2025					PB (50m pool): 01:12.61 SB: 01:08.79 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.49		01:08.79	
	00:33.49		00:35.30		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 17:04
Heat: 10/11 Lane : 8 Athlete: SCHELFAUT NELL					Q-time: 01:12:15
PB (25m pool): 01:12.15 T ROSCO 12/10/2025					PB (50m pool): 01:15.63 SB: 01:12.15 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.01		01:12.15	
	00:35.01		00:37.14		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 17:06
Heat: 11/11 Lane : 6 Athlete: VERLUYTEN LENI					Q-time: 01:06:53
PB (25m pool): 01:06.53 TEMSE 18/05/2025					PB (50m pool): 01:07.58 SB: 01:07.32 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.16		01:06.53	
	00:32.16		00:34.37		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 17:06
Heat: 11/11 Lane : 8 Athlete: DE JONG SUZAN					Q-time: 01:08:60
PB (25m pool): 01:08.60 TEMSE 23/11/2025					PB (50m pool): no time SB: 01:08.60 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.87		01:08.60	
	00:32.87		00:35.73		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 13: 400M MEDLEY MEN 11+							Heat:1, starttime: 17:07	
Heat: 1/2 Lane : 6 Athlete: AERENS JEF							Q-time: 05:56:45	
PB (25m pool): 05:56.45 T ROSCO 20/10/2024			PB (50m pool): 05:58.63SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:38.83		01:26.16		02:12.61		02:58.08
	00:38.83		00:47.33		00:46.45		00:45.47	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:47.25		04:36.96		05:17.81		05:56.45
	00:49.17		00:49.71		00:40.85		00:38.64	
								

Coach feedback:

Event number: 13: 400M MEDLEY MEN 11+							Heat:2, starttime: 17:14	
Heat: 2/2 Lane : 6 Athlete: WAELPUT THOMAS							Q-time: 05:09:24	
PB (25m pool): 05:00.23 Temse 23/12/2023				PB (50m pool): 05:09.24SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:00.23
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 14: 400M MEDLEY WOMEN 11+							Heat:2, starttime: 17:28	
Heat: 2/2 Lane : 1 Athlete: SCHELFAUT NELL							Q-time: 05:44:72	
PB (25m pool): 05:44.72 Temse 22/12/2024				PB (50m pool): 05:44.73SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.01		01:18.50		02:00.42		02:41.02
	00:36.01		00:42.49		00:41.92		00:40.60	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:33.73		04:27.49		05:07.12		05:44.72
	00:52.71		00:53.76		00:39.63		00:37.60	
								

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 14: 400M MEDLEY WOMEN 11+							Heat:2, starttime: 17:28	
Heat: 2/2 Lane : 8 Athlete: DEBRABANDERE LEONIE							Q-time: 05:47:87	
PB (25m pool): 06:08.19 Temse 23/12/2023				PB (50m pool): 05:47.87 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:08.19
								

Coach feedback:

Event number: 15: 4x50M MEDLEY MEN 11+							Heat:1, starttime: 17:39	
Heat: 1/3 Lane : 1 Athlete: TEAM TSZ 1							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 15: 4x50M MEDLEY MEN 11+							Heat:1, starttime: 17:39	
Heat: 1/3 Lane : 2 Athlete: TEAM TSZ 2							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 15: 4x50M MEDLEY MEN 11+							Heat:1, starttime: 17:39	
Heat: 1/3 Lane : 7 Athlete: TEAM TSZ 3							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY WOMEN 11+							Heat:1, starttime: 17:48	
Heat: 1/3 Lane : 3 Athlete: TEAM TSZ 12							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY WOMEN 11+							Heat:1, starttime: 17:48	
Heat: 1/3 Lane : 5 Athlete: TEAM TSZ 11							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY WOMEN 11+							Heat:1, starttime: 17:48	
Heat: 1/3 Lane : 7 Athlete: TEAM TSZ 13							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: